

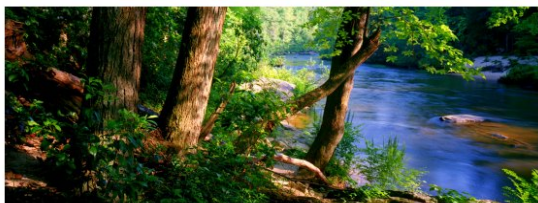
How can I help?

The cost of the retreat is \$150 per person which includes 3 nights lodging and 9 meals. To raise the needed funds for Heartsong 2009, we need your support.

Applicants and other supporters are currently seeking donations. With your help we can accept all applicants regardless of their ability to pay.

You may sponsor the cost of one or more persons or a portion of the cost. Any donation you are able to make is welcome and tax-deductible. Checks may be made payable to the **UAB 1917 Clinic** with **Heartsong Retreat** on the memo line.

Please submit your check donation (no cash) to the participant or mail it to the address on the reverse side.



The Support Team Network is an outreach project of
The 1917 Clinic at
The University of Alabama at
Birmingham (UAB) and the
Center For AIDS Research



Applications will be mailed out to past participants the middle of March and be available in the clinic reception area. Call or email to get on our mailing list.

Registration will be accepted beginning April 1, 2009.

For more information, to make a donation, or to join the Heartsong mailing list, you may contact us at:

Alabama Heartsong Retreat
The 1917 Clinic at UAB
189 Community Care Building
908 20th Street South
Birmingham, AL 35294-2050

For more information, contact:
Rev. Malcolm Lewis Marler, D.Min.
Phone: 205-975-8923
Fax: 205-975-6448
Email: mmarler@uab.edu
Web: www.1917clinic.org

Please make checks payable to:
UAB 1917 Clinic with Heartsong
Retreat on the memo line.

16th Annual ALABAMA HEARTSONG RETREAT

APRIL 27-30, 2009 CAMP MCDOWELL



**A spiritual retreat
for persons living with
HIV/AIDS,
for professionals who
work in the field,
and for caregivers.**

**Coordinated by
The 1917 Clinic at UAB**

UAB
THE UNIVERSITY OF
ALABAMA AT BIRMINGHAM

Purpose

The Alabama Heartsong Retreat is an interfaith spiritual retreat for adults (21 and older) living with HIV and AIDS, for those who work in the epidemic, and for caregivers.

The primary goal is for each participant to take the time to listen to his/her own "heartsong" and to use what is learned to continue spiritual growth.

Persons living with HIV are given priority, and professionals who work in the HIV field are invited.

Caregivers are also encouraged to participate. Most participants are from Alabama, but some persons come from other states in the southeast.

The Alabama Heartsong Retreat has been coordinated by The Support Team Network of The 1917 Clinic at UAB since 1994, and is planned each year by past participants and staff members. This is our 16th year!

The retreat is limited to the first 50 individuals to register. See back.

General Information

When: Monday-Thursday, April 27-30, 2009

Heartsong 2009 will be held Monday, April 27th through Thursday, April 30th. Participants arrive between 3:00 -5:00 p.m. on Monday and depart following lunch on Thursday.

Where: Camp McDowell, Nauvoo, AL

The retreat will be held at Camp McDowell, an Episcopal Church Camp and Conference Center for the Diocese of Alabama. Camp McDowell is located in Nauvoo, AL, (near Jasper, AL) about one and a half hours NW of Birmingham. Accommodations are motel style with two people per room. All meals are provided on-site by the retreat center. See www.campmcdowell.com

Why: *Spiritual Connection Matters*

Studies have shown that attitude is a crucial factor in the long-term survival of any serious illness, especially HIV disease. A person's spiritual journey or awareness of God and others can positively impact attitude in ways that build hope, strength, and peace in one's life.



Comments from past participants...

"I enjoyed the honesty, generosity, sharing, support, fun ...and most of all—learning and being inspired!"

"The talent show was a hoot!"

"Activities made it easy to get to know others in the group. I felt as though I gained a great new family."

"Everything was absolutely great! [Workshop leaders] were very knowledgeable about their topics and displayed great interest in every member being loved..."

"A very moving and renewing week."

"Bless the contributors and donors."

"I loved the people and camp!"

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